



# AGE REVERSAL PRODUCT CATALOGUE



Working with our global partner **Do Not Age**  
to bring all New Zealanders the best longevity products  
available from across the globe.

## Contents

APIGENIN .....	3
BERBERINE .....	3
BIOLOGICAL AGE TEST KIT .....	4
BLUE LIGHT BLOCKERS .....	4
CA-AKG .....	5
CREATINE MONOHYDRATE .....	5
FISETIN .....	6
GLYCINE & NAC .....	6
HYALURONIC ACID .....	7
HYDROLYSED COLLAGEN PEPTIDES .....	7
NMN.....	8
NR .....	8
OMEGA 3.....	9
QUERCETIN .....	9
RESVERATROL .....	10
SIRT6 ACTIVATOR .....	10
SPERMIDINE .....	11
SULFORABOOST .....	11
SURESLEEP .....	12
TMG .....	12
VITAMIN D3, K2 & MAGNESIUM .....	13
COMBINING SUPPLEMENTS .....	14
DNA Repair.....	14
Inflammation Management .....	14
Skin Care .....	15
Sleep Management .....	15

## **APIGENIN**

---

- Boosts NAD levels in the body.
- Helps to protect your body from heart issues & fatty liver disease.
- Activates your body's sirtuins.

**TIME** - Take with a source of fat at any time of the day.

**DOSAGE** - 2 capsules / day



## **BERBERINE**

---

- Activates AMPK & regulates healthy blood sugar levels.
- Helps to support healthy cholesterol & blood pressure.
- Helps to maintain a healthy metabolism & heart.

**TIME** - Take before eating a meal & split dosage throughout the day.

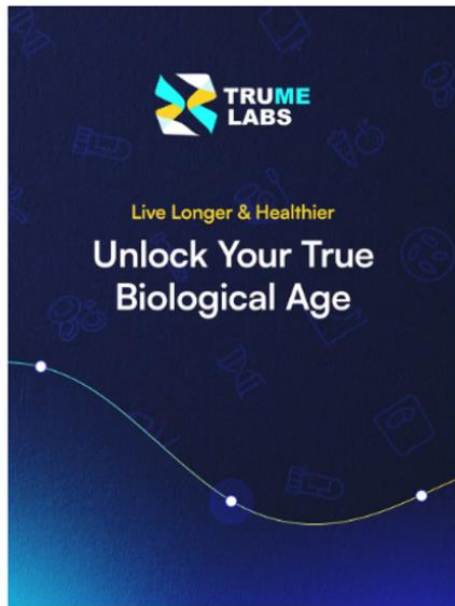
**DOSAGE** - 2 capsules / day



## BIOLOGICAL AGE TEST KIT

---

- Do a test to get a clear picture of your overall health.
- This kit will identify a wide variety of genetic markers to check on your health.
- We can map your health using a simple saliva sample.



## BLUE LIGHT BLOCKERS

---

- Blue light exposure can cause headaches & the development of cataracts.
- Helps to keep your eyes healthy & your vision clear.
- Filters out 99% of blue light, which often comes from digital screens.



## CA-AKG

---

- Improves your body's ability to produce new cells.
- Can help you lose weight while keeping your body healthy.
- Strengthens bones.

**TIME** - Split the dosage 12 hours apart.

**DOSAGE** - 1-2 capsules / day



## CREATINE MONOHYDRATE

---

- Improves muscular performance.
- Improves muscle recovery.
- Enhances memory performance.

**TIME** - Split the dosage 12 hours apart.

**DOSAGE** - Two 5g scoops a day (10g per day)



## FISETIN

---

- Our Pure Fisetin provides 800mg of fisetin per serving.
- Helps rid your body of any damaged zombie cells.
- Helps to prevent brain decline as you age.

**TIME** - Take with a source of fat at any time of the day.

**DOSAGE** - 2 capsules / day



## GLYCINE & NAC

---

- Increases autophagy.
- Lowers oxidative stress.
- Lessens the effects of age-related disease.

**TIME** - Take at any time of the day.

**DOSAGE** - 2 capsules / day



## HYALURONIC ACID

---

- Hyaluronic Acid of high molecular weight can stop the growth of cancer.
- Works to support brain health & can boost your healing process.
- Increases skin, hair, eye, bone and joint health.

**TIME** - Take at any time of the day on an empty stomach.

**DOSAGE** - 1 capsule / day



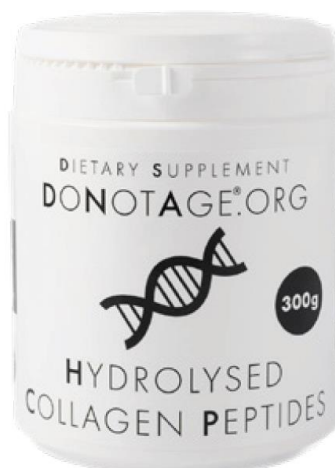
## HYDROLYSED COLLAGEN PEPTIDES

---

- Helps skin look young for longer.
- Boosts internal & external health.
- Reduces effects of aging.

**TIME** - Take any time during the day.

**DOSAGE** - 10g / day



## NMN

---

- NMN can help to support your healthy NAD levels.
- For best results, take with our Pre TMG & Pure Resveratrol.
- Our NMN is tested by independent laboratories to ensure it is of the highest purity.

**TIME** - Take it immediately after waking with water.

**DOSAGE** - 2 capsules or 1g / day



## NR

---

- Improves your body's NAD levels.
- Helps to support your immune system.

**TIME** - Take it immediately after waking with water.

**DOSAGE** - 2 capsules / day





## OMEGA 3

---

- Improves brain health.
- Improves the health of your immune system.
- Improves eye health.

**TIME** - Take any time during the day.

**DOSAGE** - 2 softgels / day



## QUERCETIN

---

- This ingredient can be found in many plants.
- Helps to boost all of your body's natural defences.
- Is a fantastic antioxidant & can help to extend your healthy lifespan.

**TIME** - Take with a source of fat at any time of the day.

**DOSAGE** - 2 capsules / day



## RESVERATROL

---

- Activates Sirtuin 1.
- Mimics a calorie restricted diet.
- Best taken alongside our Pure NMN & Pure Quercetin.

**TIME** - Take with a source of fat at any time of the day.

**DOSAGE** - 2 capsules or 1g / day



## SIRT6 ACTIVATOR

---

- Extracted from seaweed & pioneered by Professor Vera Gorbunova.
- Reduces inflammation in the body.
- Activates Sirtuin 6, which promoted DNA repair & protects telomeres.

**TIME** - Take before a meal & split throughout the day.

**DOSAGE** -

- < 60kg = 2 capsules / day
- 60-100kg = 4 capsules / day
- > 100kg = 6 capsules / day



## SPERMIDINE

---

- Helps to remove all the dead and damaged cells in the body.
- Helps to slow the effects of aging.
- Works to boost your brain power & protect against diseases such as dementia.

**TIME** - Take after any meal during the day.

**DOSAGE** - 1 capsule / day



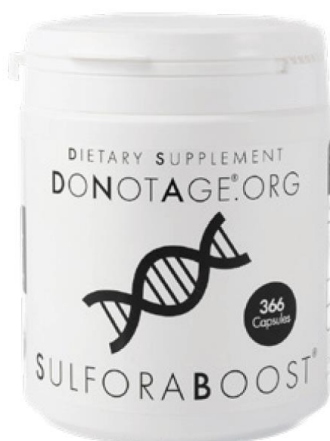
## SULFORABOOST

---

- More glucoraphanin than 8 whole cups of broccoli.
- Increases sulforaphane levels & acts as an antioxidant.
- Protects against effects of pollution on your body.

**TIME** - Take with a meal & split throughout the day.

**DOSAGE** - 2 capsules / day



## SURESLEEP

---

- Sleep is so important as it allows our body to rest.
- Helps to naturally increase your body's melatonin levels.
- Wake up feeling refreshed & with plenty of energy to attack the day.

**TIME** - Take 30 minutes before bed.

**DOSAGE** - 2 capsules / day



## TMG

---

- Supports your internal organs & improves body's physical performance.
- Reduces homocysteine which can reduce the risk of dementia.
- Helps NMN to become NAD.

**TIME** - Take 30 minutes before bed.

**DOSAGE** - 1:1 with NMN



## VITAMIN D3, K2 & MAGNESIUM

---

- Helps your body to absorb calcium from the bloodstream.
- Promotes healthy joints, eyes, & skin.
- Magnesium can help to prevent the development of brain conditions such as dementia.

**TIME** - Take with the last meal of the day.

**DOSAGE** - 1 capsules / day



## **COMBINING SUPPLEMENTS**

---

Age Reversal has quite a selection of longevity supplements, which can be quite daunting when first viewed.

We are often asked what products work well together to maximise your results, so here is our list of longevity supplements that combine well to maximise your health and long-term wellness:

### **DNA Repair**

#### **Berberine, NMN & Resveratrol**

Berberine increases the amount of SIRT1, Resveratrol binds to and stimulates SIRT1, and NMN provides SIRT1's enzymatic fuel.



### **Inflammation Management**

#### **Fisetin & Spermidine**

Fisetin removes inflammatory senescent cells, while Spermidine activates Autophagy which is the process that the body uses to get rid of damaged cells.



## Skin Care

### **Creatine Monohydrate, Hyaluronic Acid & Hydrolysed Collagen Peptides**

Creatine assists with preventing skin aging and muscle repair, Hyaluronic acid is known to reduce wrinkles, while Collagen peptides contribute to tissue repair.



## Sleep Management

### **Blue Light Blockers & Sure Sleep**

Glasses remove the effects Blue Light has on stimulating the brain, while sure sleep ensures you obtain a quality deep sleep.



For more information on all our supplements check out our products page on our website, our science page, and our news page.

[www.agereversal.co.nz/products](http://www.agereversal.co.nz/products)

[www.agereversal.co.nz/science](http://www.agereversal.co.nz/science)

[www.agereversal.co.nz/news](http://www.agereversal.co.nz/news)